

PROTECT YOUR FAMILY

STORE MEDICATIONS SAFELY

Prescription drugs that fall into the wrong hands can be dangerous at any age. **Securing your prescription drugs can help prevent misuse and abuse by others.**

Use a safe, lockbox, or locked kitchen cabinet or drawer to secure your prescription drugs.

AVOID USING THESE LOCATIONS TO STORE YOUR MEDICATIONS:

- ⊘ Nightstand
- ⊘ Kitchen counter
- ⊘ Bathroom
- ⊘ On top of the refrigerator
- ⊘ Any unlocked cabinet or drawer

DISPOSE OF UNUSED PRESCRIPTION DRUGS

Leftover prescription drugs that you are no longer using pose a risk to you and your family:

- Someone could steal from your leftover supply, and since you're not actively taking them, you may not notice.
- Self-medicating with the leftover drugs in the future can be dangerous since some are highly addictive.

Many pharmacies offer Medication Collection & Disposal Sites



FIND ONE NEAR YOU:
ktracs.ks.gov/consumers/safe-disposal



Of Kansas teens who report misusing prescription drugs, nearly 3 in 4 (74%) say they accessed those drugs through family and friends (Source: Kansas Communities That Care Student Survey, 2020)

PREVENT MEDICATION MISUSE

Kansas teens and young adults who misuse prescription drugs most commonly report getting access to them from family and friends (through sharing, stealing or buying).

Effective ways to prevent prescription drug misuse include storing medications securely and disposing of them promptly.

These medication safety tips brought to you by your healthcare team and K-TRACS



Learn more at:
ktracs.ks.gov/consumers