

# OPIOID PRESCRIBING CHECKLIST



- ✓ **CONSIDER** a patient's medical and mental health history before prescribing opioids
- ✓ **CHECK** patient prescription drug history on K-TRACS to assist in clinical decision making
- ✓ **CHOOSE** the lowest dose of immediate-release opioids to take a proactive approach and promote patient safety
- ✓ **PERFORM** urine drug screening before first opioid prescription and annually
- ✓ **RE-ASSESS** patients more frequently than once every 3 months to re-evaluate the care plan and stay on track with current treatment goals
- ✓ **ASSESS** for opioid use disorder (OUD) with DSM-5 criteria

**MORE GUIDANCE AVAILABLE AT [KTRACS.KS.GOV/PRESCRIBERS](https://www.ktracs.ks.gov/prescribers)**

# PEG PAIN SCREENING TOOL

0 = no pain

Pain as bad as you can imagine = 10

- 1) What number best describes your **pain on average** in the past week?
- 2) What number best describes how pain has interfered with your **enjoyment of life** during the past week?
- 3) What number best describes how pain has interfered with your **general activity** during the past week?

To calculate the patient's score, add the three responses and divide by three to get a final score out of 10.

The PEG score is most useful in tracking changes over time. The score should decrease over time after therapy has begun.