DENTIST & ORAL SURGEON BEST PRACTICES

Integrate K-TRACS with your EMR to **save time** and gain quick and easy access to patient prescription history.

OR

Implement K-TRACS review into your **pre-visit planning** by using delegates and/or the Bulk Patient Search to expedite patient searches.

WHEN TO CONSULT K-TRACS

> Before prescribing controlled substances to **new patients** and as a **new therapy** for existing patients.

> Before prescribing controlled substances to **patients being seen on an urgent basis**, or who solicit additional medication after hours.

> For all **patients you plan to prescribe opioids** to identify potentially harmful drug interactions.

HOW TO USE K-TRACS DATA

> **Coordinate** care with prescribers and pharmacies involved in the patient's care to ensure patient safety.

> **Identify** and refer patients to treatment who might otherwise go untreated for a substance use disorder.

> **Engage** in meaningful patient education around the safe use of prescription drugs and the risks of substance use disorders.

Prevent prescription fraud by always using **electronic prescriptions** for controlled substances.

*KSA 65-16,128 requires electronic prescribing for opioids with some exceptions.

K-TRACS APPROPRIATE USE GUIDELINES

DO
Discuss K-TRACS reports with patients to educate them about how you use K-TRACS in your clinical decision-making.

DON'T place a copy of the report in the patient's medical record. *(Patients can request a copy directly from K-TRACS.)*

DON'T share the report with other healthcare providers or law enforcement to avoid the information being released or used inappropriately.

DO
Only use K-TRACS for pharmaceutical care of a patient.

DON'T search anyone who is not a patient under your care, including prospective employees, family members or yourself.

DO
Use all available clinical tools within K-TRACS as sources of data to assist in your clinical decision-making.

DON'T exclude or terminate a patient from your practice solely on the basis of the patient's K-TRACS record. Use multiple sources of data to create the best outcomes for the patient.

DON'T use K-TRACS risk indicator scores solely to make a decision about a patient.

SAMPLE POLICY
for Dentist & Oral Surgeon PDMP Usage

This practice recognizes the need to protect patient safety, promote community health, and prevent prescription drug misuse, abuse and diversion, and as such, uses the state's prescription drug monitoring program, K-TRACS.

All prescribers in this office will register for a K-TRACS account in order to use the state of Kansas' prescription drug monitoring program online and/or via integrated system. Prescribers may appoint licensed dental hygienists to act on their behalf as delegates to obtain patient prescription drug history from K-TRACS. Prescribers who appoint delegates are responsible for the delegate's appropriate use of the information obtained.

This physician office has adopted K-TRACS best practices for prescribers, and prescribers and/or their delegates are responsible for consulting the PDMP in the following scenarios:
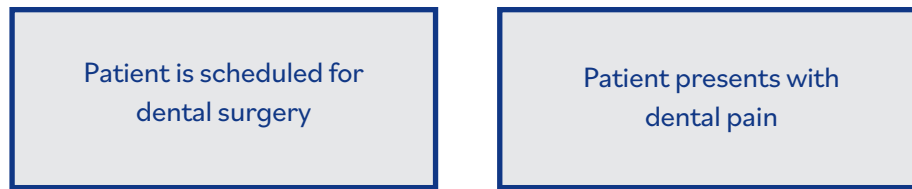- Before prescribing controlled substances to new patients and as a new therapy for existing patients.
- Before prescribing controlled substances to patients being seen on an urgent basis, or who solicit additional medication after hours.
- For all patients you intend to prescribe opioids to identify potentially harmful drug interactions.

Prescribers should take the lead in coordinating patient care if the patient's K-TRACS record includes overlapping or duplicative prescriptions, high levels of daily MME for opioid use (≥90 MME), overlapping opioid and benzodiazepine prescriptions, and/or other dangerous drug combinations.

In order to coordinate care, prescribers should review patient medication usage with other prescribers and pharmacists to determine patient risk and prioritize patient safety. Prescribers will also facilitate patient education on safe and appropriate opioid use, safe medication disposal practices for unused medications, naloxone usage, and other relevant prescription drug matters.

SAMPLE CLINICAL WORKFLOW INVOLVING INTEGRATION

K-TRACS

Patient is scheduled for dental surgery

Patient presents with dental pain

PRESCRIBER TASKS

Use Dentist & Oral Surgeon Best Practices

Prescriber accesses patient record in EMR and checks K-TRACS with one click

Identify any concerning activity such as high MME levels, overlapping prescriptions or harmful drug interactions

PRESCRIBER TASKS

Use best practices from the CDC and ADA to determine appropriate treatment for pain

Discuss with patient the treatment plan and expectations for pain

Discuss with patient the safe and appropriate use of controlled substances

Send prescription for controlled substances via electronic prescription

ADA BEST PRACTICES
https://www.ada.org/en/advocacy/current-policies

CDC BEST PRACTICES
https://www.cdc.gov/mmwr/volumes/65/rr/rr6501e1.htm